

**Donate your extra frozen breast/chest milk.
You could help a baby in need thrive.**

MILK DRIVE @ZSFG

The Birthing Department at Zuckerberg San Francisco General (ZSFG) is partnering with Mother's Milk Bank to host a "Milk Drive" in August, which aligns with Breastfeeding Awareness Month.



**Wednesday, August 26, 2026
11:00 a.m. to 2:00 p.m
Zuckerberg San Francisco General
at David Sanchez Way**

**This event is open to the general public.
All birthing parents who have extra breast/chest milk to donate
are encouraged to drop off their frozen milk on the day of the event.**

**Drop off your breast/chest milk in frozen form.
The milk must be within 9 months from the day of expression
and labeled with the date and time**



**ZUCKERBERG
SAN FRANCISCO GENERAL**
Hospital and Trauma Center



MOTHERS' MILK BANK
CALIFORNIA

**Done su leche materna congelada adicional.
Usted puede ayudar a un bebé
que lo necesita a prosperar.**

DONACIÓN DE LECHE @ZSFG

El Departamento de Maternidad del Hospital General Zuckerberg de San Francisco (Zuckerberg San Francisco General, ZSFG) en asociación con el Banco de Leche Materna llevarán a cabo durante el mes de agosto la "Campaña de Donación de Leche Materna" la cual se alinea con el Mes Nacional de la Concientización sobre la Lactancia Materna.



**Miércoles 26 de agosto de 2026
de 11:00 a. m. a 2:00 p. m.
Hospital General Zuckerberg de
San Francisco en David Sanchez Way**

**Este evento estará abierto para el público en general.
A todas las personas que hayan dado a luz y que tengan leche
materna/leche del pecho congelada adicional el día del evento.**

**Entregue su leche materna congelada.
La leche debe haber sido extraída dentro de los últimos 9 meses y estar
etiquetada con la fecha y hora correspondientes.**



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請捐出您的冷凍母乳。
您可以幫助有需要的嬰兒成長。



三藩市 總醫院 捐乳活動

扎克伯格三藩市總醫院 (Zuckerberg San Francisco General, ZSFG)
的產科與母乳庫 (Mother's Milk Bank) 合作，將於八月
「母乳哺育意識月」期間合辦「捐母乳活動」。



2026年8月26日星期三
上午11:00至下午2:00
1001 Potrero Avenue
夾David Sanchez Way

歡迎市民踴躍參與。
歡迎有多餘冷凍母乳的父母，於活動當天踴躍捐贈。

捐贈母乳必須預先冷凍。
母乳需為九個月內擠出，並標明擠乳日期及時間



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MOTHERS' MILK BANK
CALIFORNIA

I-donate ang sobra mong frozen
na gatas mula sa suso/dibdib.
Puwede kang makatulong sa
isang nangangailangan na sanggol.

MILK DRIVE @ZSFG

Ang Departamento sa Panganganak sa Zuckerberg San Francisco General (ZSFG)
ay nakikipagtulungan sa Mother's Milk Bank para mag-host ng "Milk Drive"
sa Agosto, na naaayon sa National Breastfeeding Awareness Month.



Miyerkules, Agosto 26, 2026
11:00 a.m. hanggang 2:00 p.m.
Zuckerberg San Francisco General
sa David Sanchez Way

Bukas ang event na ito sa pangkalahatang publiko.
Ang lahat ng nanganak na magulang na may sobrang gatas mula sa suso/dibdib ay
hinihikayat na mag-drop off ng kanilang frozen na gatas sa araw ng event.

I-drop off ang iyong gatas mula sa suso/dibdib nang frozen.
Ang gatas ay dapat nasa 9 na buwan mula sa araw
ng expression at may label na petsa at oras



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